



INTERNATIONAL DIPLOMA IN HAIR DRESSING

**Your gateway to become a highly
skilled professional in the industry!**

athenianbeautyacademy.com



INTRODUCTION

The International Diploma in Hair Dressing at Athenian Beauty Academy is an exclusive, industry-driven program designed to shape elite hair professionals. Blending international techniques with refined salon practices, the course delivers excellence, precision, and creativity.

With immersive hands-on training, live demonstrations, and expert mentorship, students master cutting, coloring, styling, and advanced hair treatments in a premium learning environment. This diploma opens pathways to high-end salons, global opportunities, and successful professional careers.



TRAINER PORTFOLIO

Lead Educator: Internationally Certified Hair Expert

- 15+ years of professional salon and teaching experience
- Certified by international beauty & hair academies
- Expertise in precision cutting, creative coloring, and bridal styling
- Trained 500+ successful hair professionals
- Worked with fashion shows, photoshoots, and celebrity clients



Our trainers focus on personal mentorship, ensuring every student receives individual attention and practical guidance.

Why Choose Athenian Beauty Academy?

- International-standard curriculum
- 100% practical & hands-on training
- Small batch sizes for personal attention
- Live models & salon-style training
- Industry-recognized certification
- Career guidance & placement support
- Premium learning environment & modern tools





Mamta

"Trainers are very supportive and teach international techniques in an easy way."



Naveen Kumar

"After completing this course, I got confidence and real salon exposure."



Darshan Kumar

"The best academy for hair dressing. Practical training helped me start my own salon."

Video Testimonials of our student to [click here](#)

Course Curriculum

TERM 1 — FOUNDATIONS (Week 1)

1) Introduction to Hairdressing

- 1.1 History & evolution
- 1.2 Industry roles
- 1.3 Professional ethics
- 1.4 Time management

2) Hair & Scalp Science

- 2.1 Hair anatomy
- 2.2 Hair growth cycle
- 2.3 pH scale
- 2.4 Porosity
- 2.5 Elasticity
- 2.6 Scalp disorders
- 2.7 Hair & scalp analysis



3) Hygiene & Safety

- 3.1 Tool sterilisation
- 3.2 Salon hygiene
- 3.3 Workstation organisation
- 3.4 Infection prevention
- 3.5 Ergonomics
- 3.6 First aid

4) Client Consultation & Communication

- 4.1 Hair type & texture
- 4.2 Service selection
- 4.3 Managing expectations
- 4.4 Contraindications
- 4.5 Records
- 4.6 Communication

5) Product Knowledge

- 5.1 Shampoo
- 5.2 Conditioner
- 5.3 Masks
- 5.4 Serums
- 5.5 Heat protectant
- 5.6 Oils
- 5.7 Gel/Wax
- 5.8 Spray/Mousse
- 5.9 Colour products
- 5.10 Keratin/Smoothing
- 5.11 Spa treatments



TERM 2 — CUTTING, STYLING & TREATMENTS (Weeks 2–4)

6) Tools & Equipment

- 6.1 Cutting tools
- 6.2 Combs & brushes
- 6.3 Electrical tools
- 6.4 Styling accessories
- 6.5 Sanitisation
- 6.6 Furniture

7) Hair Wash & Towel Wrap

- 7.1 Shampooing
- 7.2 Double cleanse
- 7.3 Masks 7.4 Scalp cleaning 7.5 Rinsing
- 7.6 Towel wrap

8) Women's Haircuts

- 8.1 Straight cut
- 8.2 U cut
- 8.3 V cut
- 8.4 Square layers
- 8.5 Round layers
- 8.6 Long layers
- 8.7 Face framing
- 8.8 Butterfly
- 8.9 Blunt bob
- 8.10 A-line bob
- 8.11 Graduated bob
- 8.12 Pixie cut



9) Men's Haircuts

- 9.1 Low fade
- 9.2 Mid fade
- 9.3 High fade
- 9.4 Taper
- 9.5 Scissor-over-comb
- 9.6 Crew cut
- 9.7 Textured crop

10) Styling & Finishing

- 10.1 Blow-dry
- 10.2 Brush selection
- 10.3 Straightening
- 10.4 Curling
- 10.5 Beach waves
- 10.6 Sleek finish
- 10.7 Volume/Root lift
- 10.8 Party updos
- 10.9 Heat protection
- 10.10 Product finish

11) Hair Spa & Treatments

- 11.1 Spa procedure
- 11.2 Dandruff spa
- 11.3 Hairfall spa
- 11.4 Repair spa
- 11.5 Detox scalp spa
- 11.6 Deep conditioning
- 11.7 Oil massage
- 11.8 Dry massage
- 11.9 Pressure point massage



TERM 3 — COLOUR & CHEMICAL TEXTURE (Weeks 5–6)

12) Hair Colouring

- 12.1 Theory
- 12.2 Developer
- 12.3 Grey coverage
- 12.4 Global colour
- 12.5 Root touch-up
- 12.6 Foil highlights
- 12.7 Cap highlights
- 12.8 Balayage
- 12.9 Ombre
- 12.10 Babylights
- 12.11 Pre-lightening
- 12.12 Fashion colours
- 12.13 Correction

13) Chemical Services

- 13.1 Analysis
- 13.2 Straightening
- 13.3 Smoothing
- 13.4 Keratin
- 13.5 Botox
- 13.6 Nanoplastia
- 13.7 Rebonding
- 13.8 Relaxing
- 13.9 Neutralization
- 13.10 Aftercare



TERM 4 — BUSINESS & SALON EXPERIENCE (Weeks 7–8)

14) Salon Floor Training

- 14.1 Consultation
- 14.2 Execution
- 14.3 Timing
- 14.4 Feedback
- 14.5 Workflow

15) Salon Management & Entrepreneurship

- 15.1 Daily operations
- 15.2 Bookings
- 15.3 Records
- 15.4 Inventory
- 15.5 Pricing
- 15.6 Menu design
- 15.7 Retail selling
- 15.8 Instagram marketing

16) Assessments & Certification

- 16.1 Written exam
- 16.2 Viva
- 16.3 Live model
- 16.4 Portfolio
- 16.5 Signature presentation
- 16.6 Diploma



Images



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Begin Your Hairstyling Career Today

Become a International Certified Hair Dresser In 60 Days

100% Practical Learning

Tool Practice

Live Model Work

Portfolio Creation Guidance

International Certificate Provided

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